

Te Kauwhata Primary School

'Learning Together' – 'Kia Ngatahi te Ako'

SunSmart Policy

NAG 5: Health and Safety

<u>Rationale</u>

Children attending Te Kauwhata Primary School need to be protected from skin damage caused by harmful UV radiation from the sun, which can lead to skin cancer in later life. This policy is to be implemented in Terms 1 and 4.

As part of general SunSmart strategies, our school will:

Behaviour

- Require children to wear regulation school uniform hats (broad-brimmed or bucket) when they are outside (eg. Morning and afternoon break times, sport, excursions and activities) during Terms 1 and 4.
- Provide extra hats for children to borrow if appropriate.
- Implement a "No Hat, Play in the Shade" policy. Require children without hats to play in the shade or indoors.
- Work with the wider community to promote students' use of SPF 30+ broad-spectrum sunscreen.
- Te Kauwhata Primary school uniform will meet sun safe requirements of having 'sleeves and collars' for extra protection from the sun
- Encourage staff to role model SunSmart behavior, particularly the use of appropriate hats, within the school grounds and during outdoor school activities.
- Regularly publicise and reinforce the SunSmart Policy, for example, through newsletters, parent meetings, student and teacher activities.
- Inform parents of SunSmart Policy at enrolment, especially the use of appropriate hats, clothing, SPF 30+ sunscreen, and encourage parents to practise SunSmart behavior themselves.

<u>Curriculum</u>

• Incorporate SunSmart Education and activities at all levels when delivering the curriculum.

Environment

- Work towards developing and improving existing shade, particularly in areas where students congregate. Shade can be both built and natural (eg. Constructed shelter and trees).
- Wherever possible schedule outdoor activities and sports events before 10am. (2)
- Organise outdoor activities to be held in areas with plenty of shade whenever possible.

Reinforcement and Evaluation

- Ensure ongoing assessment of SunSmart behavior, shade provision and curriculum emphasis.
- Review of the SunSmart policy by the Board of Trustees and Principal at least every 3 years.
- 1. Sunscreen should not be the sole or primary form of protection.
- 2. The Cancer Society recommends holding school excursions early in the day to cut down

the exposure to UV radiation. Plan them for venues where adequate shade is available or alternatively provide your own shade by taking umbrellas or tents.

Approved by Board	
Chairperson – signed for Board of Trustees	Date

Revised:_____

Chairperson – signed for Board of Trustees

Date