



Te Kauwhata Primary School

'Learning Together' – 'Kia Ngatahi te Ako'

Health Education Policy

NAG 1: Curriculum

Rationale

Students require comprehensive and developmental health education that is holistic and balanced.

Purposes

- To ensure that effective health education is delivered at all levels according to the requirements of The New Zealand Curriculum Framework.
- To assist students to develop as whole people in the spiritual, physical, mental and emotional, and social dimensions of well-being.
- To ensure that staff, when teaching health education, are adequately and appropriately skilled to teach the specific topics they are required to cover.
- To ensure that health education is delivered through a child-centred approach that enhances each student's learning, self-confidence, and ability to make healthy decisions.
- To ensure that appropriate health-promotion policies and practices support the health curriculum to create a healthy, safe and caring environment.
- To ensure that the school community is made aware of the contents of Health and Physical Education in the New Zealand Curriculum and that the views of the school community are recognised in health education programmes in the school.

Guidelines

- The annual school curriculum overview will identify the priority learning areas for health education.
- Every two years, as required by legislation, the Board of Trustees will undertake consultation with the school community on a draft delivery statement on the delivery of the health curriculum and the 'Relationships and Sexuality Education: a guide for Teachers, Leaders and Boards of Trustees' document. This will outline how the school will implement the health education components of the health and physical education curriculum. As a result of this consultation, the board will adopt a statement on the delivery of the health curriculum.
- Sufficient time will be allocated to health education at each year level to provide students with the opportunity to meet the achievement objectives of Health and Physical Education in the New Zealand Curriculum.
- Both learning materials and personnel (including outside personnel support) will be carefully selected to enhance programmes.
- The school will review current policies in the same year as consultation takes place and will produce other policies related to the health, safety, and well-being of staff and students as the need is identified.

Relevant legislation: Education Act 1989 (as amended in 2001 - see page 48 of the amended Act). Human Rights Act 1993

Other relevant policies: NAG 5 - Health and Safety Policy; Digital Citizenship Policy

Approved by Board _____

Chairperson - signed for **the** Board of Trustees

Date _____

Revised: _____

Chairperson - signed for the Board of Trustees

Date _____